

Strathroy

COVID-19 ALERT FOR STRATHROY DRIVERS

REV 00

09/03/20

The Facts

Most at Risk

- Anyone who has been to an affected region in the last 14 days **AND** is experiencing symptoms
- Anyone who has been in close contact with a confirmed or probable case of COVID-19 (Coronavirus) in the last 14 days **AND** is experiencing symptoms

Prevention



Wash

your hands well and often to avoid contamination



Cover

your mouth and nose with a tissue or sleeve when coughing or sneezing and discard used tissue



Avoid

touching eyes, nose, or mouth with unwashed hands



Clean

and disinfect frequently touched objects and surfaces

As an Strathroy Driver, you may have to travel to different sites/farms/depots/shops across a region and interact with the general public.

Strathroy Dairy's Management Team are constantly monitoring the status of the outbreak based on reputable sources of information including the [HSC](#), the [HSE](#) and [HPSC](#) websites.

Precautions to prevent or limit the spread of COVID-19 include:

- Carry and use a personal bottle of alcohol based hand rub with you as hand wash facilities may not be available;
- Carry and use tissues for sneezing/coughing;
- Dispose of tissues using a designated disposal bag;
- Use a disinfectant to regularly wipe down surfaces inside your vehicle;
- Avoid physical interactions such as shaking hands and maintain a safe distance of at least 1 metre.

DO

Use a tissue and place it immediately in the bin. Wash you hands or use a hand sanitizer

DO

Cough or sneeze into your upper sleeve. Germs won't spread through your clothing

DON'T

Cough or sneeze into your hands. You'll end up spreading germs to everything you touch

What are the Symptoms

> A Cough > Shortness of Breath > Breathing Difficulties > Fever (High Temperature)

What to do if you are at risk

I've been to an affected region in the last 14 days and

I HAVE symptoms

1. Contact and advise your manager
2. Stay away from other people
3. Phone your GP without delay
4. If you do not have a GP phone 999 or 112

I've been in close contact with a confirmed or probable case of COVID-19 in the last 14 days and

I HAVE symptoms

1. Contact and advise your manager
2. Stay away from other people
3. Phone your GP without delay
4. If you do not have a GP phone 999 or 112

For Daily Updates Visit

www.publichealth.hscni.net
www.nhs.uk
www.gov.ie/health-covid-19
www.hse.ie

Strathroy is operating a containment strategy in line with HSC, HSE and HPSC